



Essential Beauty

Revive. Refresh. Replenish.

Heron Court, Town Car Park, Skibbereen, Co. Cork

028 51 501 essentialbeautyskibbereen@gmail.com

Facial Treatments

PHYT'S

Phyt's is a formation of the most effective, certified, high-grade, 100% natural & organic ingredients that are blended to create products with holistic treatment benefits plus skin smoothing, firming & nourishing results. Guaranteed chemical & paraben free, Phyt's is suitable for even the most sensitive of skins.

We invite you to experience the Phyt's journey, which has calming & harmonizing benefits. These treatments, once experienced, never leave your memory...

DISCOVERY REVIVER | ☉ 40 Mins | €40.00

This detoxifying facial is suitable for all skin types but has particular value for refreshing tired & listless skin. Plant cellulose & sunflower greatly exfoliate & encourage cell renewal, followed by our signature massage using a blend of organic oils, which increases skin radiance & lustre. Finally, a rich cream mask targets the skin's specific needs.

BALANCING HEALER | ☉ 60 Mins | €50.00

This treatment is of particular benefit to oily, congested & problematic skin. A specific serum of potassium & copper eliminates toxins & re-balances leaving it calm, cleansed & uplifted with a visibly clearer complexion. After a gentle extraction our rich clay mask, which is bursting with scents of camphor, bitter orange & peppermint, works to recondition the skin leaving it smooth & luminous.

ULTIMATE RADIANCE | ☉ 60 Mins | €60.00

Tailored to your own skin type, this treatment uses a variety of minerals plus hydrating & nourishing oils with plant extracts to answer any skin concerns such as sensitivity, dehydration or oiliness. A combination of gentle exfoliation, specific serums & duo mask will result in your skin being supple & radiant.

RESTORATIVE EXPERIENCE | ☉ 75 Mins | €70.00

A must for anyone needing to revitalise and renew the skin. This ultimate treatment is tailored to any skin concern with specific serums infused with plant and herb extracts to exceed your expectations. Areas of congestion may be extracted giving a clearer complexion while a restorative blend of active organic ingredients lifts and plumps fine lines and improves texture. A richly oxygenating and firming peel off mask completes this glorious treatment.

DELUX MULTIVITAMIN | ☉ 90 Mins | €80.00

A Phyt's signature stimulating & sensational treatment. This unique facial infuses tired & lack-lustre skin with all the goodness Phyt's organic ingredients has to offer. A cocktail of vitamins A, B2, B5 plus zinc & wheatgerm complex results in plumper, smoother & brighter skin making it the ultimate booster. An anti-age element enhances with stimulating cinnamon, silicon and amino acids to plump out visible lines and improve skin texture.



Holistic Treatments

CLEARING BACK TREATMENT | ☉ 60 Mins | €50.00

Specifically designed to bring purity & balance to the skin on the back. This treatment will focus on cleansing, skin exfoliation, extraction, massage & masque therapy. Benefiting oily, congested and problematic skin.

MUSCLE MELT BACK MASSAGE | ☉ 40 Mins €40.00 | ☉ 60 Mins €55.00

Targeting the back, neck & shoulders this rejuvenating, personalised massage will alleviate stress & deep muscle tension through massage techniques involving the use of slow, deep or intense strokes releasing trapped nerves and correcting muscle tissue.

MUSCLE MELT FULL BODY MASSAGE | ☉ 75 Mins | €65.00

Indulge in a soothing & deeply relaxing body massage personalised to meet the individual's needs. Advanced massage techniques, combined with Phyt's organic essential oils, relieve aches & pains while slow, deep and strong strokes across muscle tissue heal the physical strains and emotional stresses of life.

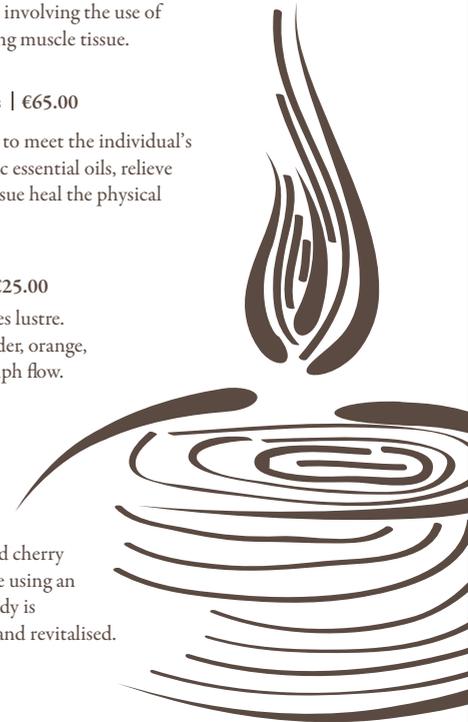
INDULGENT BODY EXFOLIATION | ☉ 30 Mins | €25.00

This invigorating all-over body scrub refines skin texture & increases lustre. Enriched with sunflower & shea combined with a melody of lavender, orange, cinnamon & palmarosa oil, which works to stimulate blood & lymph flow.

COCOON ESCAPE | Full Body ☉ 90 Mins €80.00 | Back ☉ 50 Mins €60.00

This ultimate softening body ritual aims to de-stress and promote a sense of wellbeing. Begin your journey of relaxation with a sugar body polish containing active ingredients of sunflower oil and cherry leaving skin soft and oxygenised. Experience a personalised massage using an iridescent balm, which leaves a nourishing film on the skin. The body is finally wrapped in a velvet like mask leaving the skin silky smooth and revitalised.

All Treatments Adaptable During Pregnancy



Please arrive **15 minutes** prior to treatment to complete your consultation

WAXING

For the more delicate areas we use Lycon precision wax, which contains the finest resins, natural ingredients & aromatherapy oils to deliver superior results, removing hair as short as 1mm. With its low temperature it provides a much more comfortable & virtually pain-free treatment.

	STRIP	LYCON
Half leg wax	€16.00	
Full leg wax	€26.00	
Three quarter leg	€20.00	
Back of thigh	€6.00	
Lower Arm	€14.00	
Full Arm	€18.00	
Full leg incl. basic bikini	€30.00	€35.00
Full leg incl. brief bikini	€40.00	€45.00
Upper leg incl. basic bikini	€24.00	€30.00
Upper leg incl. brief bikini	€30.00	€35.00
Underarm	€10.00	€13.00

FACE

Lip	€7.00	€9.00
Chin	€7.00	€9.00
Lip & chin	€13.00	€17.00
Lip, chin & sides face	€18.00	€22.00
Eyebrow (lower & center)	€8.00	€10.00
Definition brow (lower, center & upper)	From €12.00	€14.00

SPECIALISED

Basic bikini	€10.00	€15.00
Extended bikini	€20.00	€25.00
Brazilian (ultra brief)	€30.00	€35.00
Hollywood (complete)		€40.00

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THREADING

Eyebrow (lower & center)	€12.00
Definition brow (lower, center & upper)	€16.00
Lip	€12.00
Chin	€12.00
Lip & chin	€22.00
Lip, chin & sides of face	€24.00

APILUS ELECTROLYSIS

High performance computerised method to remove unwanted hair permanently. Disposable needles used for each treatment.

10 minutes	€18.00
15 minutes	€22.00
20 minutes	€25.00
Minimum charge	€14.00

TANNING

Vita Liberata

Experts in luxury tanning, Vita Liberata is the world's leading non-toxic & odourless tanning company.

Using natural, certified organic & Ecocert ingredients, this tan will compliment all skin tones giving you the colour you desire with 3 different shades to choose from.

For optimum results exfoliation is advisable prior to application.

AIRBRUSH TAN

Top	€20.00
Top & 1/2 Leg	€25.00
Top & Full Leg	€30.00
Full Body	€35.00
Top Up if required	+ €10.00

TINTED LOTION

Top	€15.00
Full Leg	€15.00
Top & 1/2 Leg	€22.00
Top & Full Leg	€28.00

MAKEUP

Professional Preparation & Application

Highest quality premium brands such as MAC, Ken Boylan, Estee Lauder, Laura Mercier, Inglot plus more.

Application	€25.00
Bridal Party	€35.00
Bridal Trial	€40.00
Skincare Advice / Personalized Lesson	€45.00

EYE CARE

Eyelash Tint	€14.00
Eyebrow Tint	€6.00
Eyebrow & Lash Tint Duo	€17.00
Individual Lashes	€25.00
Strip Lashes	€10.00

(24 hour patch test required for lash treatments)

EYELASH EXTENSIONS

Luxurious silk individual semi permanent lash extensions strategically applied to enhance your eye.

Cute Style (50 silk lashes per eye)	€55
Elegant Style (100 silk lashes per eye)	€75
Refills Every 3 - 4 Weeks	€40 - €50

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HAND THERAPY

Essential Manicure	€30.00
Luxury Paraffin Wax Manicure (Skin is enveloped in warm paraffin wax to hydrate, increase circulation and condition dry skin)	€40.00
Shellac/ OPI Gel Color Application (Includes gentle removal)	€30.00
Essential Manicure includ. Shellac/OPI Gel	€40.00
Nail Art	Per nail €4.00
Nail Shape	€10.00
Nail Shape & Polish	€16.00
Shellac Removal when not applied at Essential Beauty	€15.00

MINIMI BODY WRAP

More than just an inch loss wrap! Minimi is a non-invasive body wrap treatment, offering you a more sculptured body with lasting and immediate results. The advanced technology used in minimi solution breaks down fat cells resulting in a reduction of fat from those difficult areas.

- > Permanent fat loss not fluid
- > Results progress over 72 hours
- > Targets fat reduction in specific problem areas
- > Improves skin tone, tightens and firms
- > Reduces the appearance of cellulite

Treatment	€60.00
Course of 6	€300.00

FEET THERAPY

Lyc'o'pedi has included hard working natural vitamins and botanical extracts fortified with the intense hydrating properties of hyaluronic acid, fruit AHA's and shea butter. All this plus the added benefits of marine collagen, vitamin E and Pro -Vitamin B5. These premium blends help reduce appearance of fine lines and invigorate the skin's appearance and feel; delivering completely rejuvenated feet.

Essential Pedicure	€40.00
Essential Luxury Pedicure (Restoring creme/gel mask which rapidly hydrates, moisturises and refreshes tired dry feet)	€45.00
Essential Paraffin Wax Pedicure	€50.00
Mini Pedicure	€28.00
Shellac/ OPI Gel Color Application (Includes gentle removal)	€30.00
Include Shellac/OPI Gel to Pedicure	+ €20.00
Callus Peel Pedicure (Effective removal of thickened layers of hard skin caused by repeat pressure or friction)	€30.00
Callus Peel Essential Pedicure	€60.00
Nail Shape	€10.00
Nail Shape & Polish	€16.00

Essential Beauty
GIFT VOUCHERS
AVAILABLE

YOUR
MOST
BEAUTIFUL
YOU,
WHEN
YOU SAY
'I DO.'

Essential Beauty



BRIDAL BEAUTY

While some brides-to-be go all out with their beauty routine ahead of the big day ensuring their tan is perfectly applied, brows and lashes are full and fabulous, unwanted hair thoroughly waxed and their nails are manicured like never before other brides opt for a more natural pared-back look.

Whichever category you fall into, our experienced team takes pleasure in customising a treatment programme to ensure we meet your needs.

The level of commitment that a bride needs to devote to skin care will depend on the condition of her skin.

To get the 'blushing bride' glow, a skin care regime should begin at least 6 months before the big day.

A deep cleansing facial once a month for 4 months with two skin hydrating and brightening facials in the final months is advisable.

A consultation is the first and most vital element to allow any problem areas concerning your skin to be identified and solved well before your big day.

The world's leading expert tanning range 'Vita Liberata' will enhance your skin and give a flawless odour-free natural tan. Preparation is key to achieving optimum results. We always recommend a trial beforehand to establish the most suitable shade.

The perfect makeup look is paramount. Using highest quality products such as MAC, Laura Mercier, Estee Lauder, Urban Decay and Inglot, together with your own personal requirements, and with the most up-to-date application techniques we can achieve your dream look for your dream wedding.

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lycon
PRECISION HAIRING

O·P·I | Shellac

MAX-BENJAMIN



VITA
LIBERATA

PHYT'S
HAIR AND ESTHETIQUE

ARTDECO

MODERN
BOTANY

lyco'pedi
by lycon

Gift
Vouchers



Bridal
CALL OUT
SERVICE

PROP: Yvonne McNamara
CIBTAC ITEC CIDESCO

OPENING HOURS

Wheelchair
Accessible



Loyalty Cards
Available

Tuesday - Friday 9:30am - 6:00pm
Saturday 9:30am - 5:00pm
Early & late opening by request

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